



What did attenders want from a workshop on dealing with feelings and emotions at the end of a research process? This is what people said they hoped for:

- To find inspiration and attend to the emotional work of engaging in research
- To seek sustainable support for the ideas and relationships generated in research
- To share ways of coping with how we feel when relationships in research end
- Acknowledging the importance of strong emotions in research
- To find ways to break down the loneliness/isolation of lay peer reviewers
- Address the mixed and complex emotions at endings of research and throughout the whole process of research
- Keep the humanity in the research end result
- Acknowledge the rawness of emotions about what we discover
- To explore how we have a healthy transformation at the end of a research process?
- Trying to achieve inclusion with limited resources: dealing with disappointment and complex expectations of user/carer researchers

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